

2009-10 MISSISSIPPI VALLEY CONFERENCE VARSITY WRESTLING RESULTS
(Home Team in CAPS)

Tues, Dec 1 MARION 49, Washington 18 (0-1)
Maquoketa 41, Washington 27 (0-2) [at Marion]
WAVERLY-SHELL ROCK 62, Waterloo East 7 (0-1)

Thu, Dec 3 (1-0,1-0) CEDAR FALLS 40, Waterloo West 25 (0-1,0-1)
West Delaware 58, CEDAR FALLS 7 (1-0,1-1)
(1-0,1-0) IOWA CITY WEST 66, Jefferson 3 (0-1,0-1)
(1-0,1-0) Linn-Mar 38, KENNEDY 20 (0-1,0-1)
(1-0,1-0) Prairie 57, XAVIER 20 (0-1,0-1)
(1-0,1-0) IOWA CITY HIGH 49, Washington 21 (0-1,0-3)
(1-0,1-0) Hempstead 56, SENIOR 18 (0-1,0-1)
(1-0,1-1) WATERLOO EAST 39, Wahlert 36 (0-1,0-1)
West Delaware 51, WATERLOO WEST 21 (0-1,0-2)

Sat, Dec 5 Keith Young Tournament – CEDAR FALLS (10th of 16), Waterloo
West (13th), Kennedy (14th), Jefferson (15th), Iowa City High
(16th)
Independence Tournament – Prairie (2nd of 10), Xavier (8th)
West Delaware Tournament – Linn-Mar (4th of 8), Waterloo East (6th),
Washington (7th)
Dubuque Invitational – Hempstead (4th of 8), SENIOR (8th)
Cascade Dual Tournament
(0-1,2-4) Wahlert – 4th of 6
Wahlert 49, CASCADE 24
Wahlert 52, Clayton Ridge 21
Maquoketa 58, Wahlert 12
Maquoketa Valley 39, Wahlert 36
Vinton-Shellsburg 39, Wahlert 36
Newton Dual Tournament
(1-0,5-0) Iowa City West – 1st of 5
Iowa City West 55, NEWTON 15
Iowa City West 78, Council Bluffs Jefferson 6
Iowa City West 63, Johnston 9
Iowa City West 43, Indianola 31

Thu, Dec 10 CEDAR FALLS at PRAIRIE – postponed to Jan 4
SENIOR at JEFFERSON – postponed to Feb 2
WAHLERT at KENNEDY – postponed to Jan 4
XAVIER at WASHINGTON – postponed to Dec 15
HEMPSTEAD at IOWA CITY HIGH – postponed to Jan 28
North Scott & WATERLOO WEST at IOWA CITY WEST – postponed
to
Feb 4
WATERLOO EAST at LINN-MAR – postponed to Dec 22

Fri, Dec 11 Maquoketa Zimmerman Tournament – Jefferson (3rd of 7), Hempstead
(4th)

Sat, Dec 12

Five Seasons Dual Tournament

(1-0,9-0) Iowa City West – 1st of 16

(1-0,2-3) Iowa City High – 8th

(0-1,3-2) KENNEDY – 9th

(1-0,3-2) Linn-Mar – 10th

(1-0,3-3) Cedar Falls – 11th

(0-1,1-6) WASHINGTON – 12th

(0-1,1-4) Xavier – 15th

(1-0,1-5) Waterloo East – 16th

Waverly-Shell Rock 72, Xavier 0

Iowa City High 39, Cedar Falls 33

Charles City 37, KENNEDY 31

Bettendorf 60, WASHINGTON 6

Urbandale 72, Waterloo East 10

Mason City 39, Linn-Mar 25

Iowa City West 61, Marshalltown 10

Cedar Falls 66, Xavier 16

KENNEDY 51, Davenport West 18

WASHINGTON 46, Waterloo East 12

Linn-Mar 48, Marshalltown 26

Waverly-Shell Rock 63, Iowa City High 16

Iowa City West 49, Mason City 19

Davenport West 48, Xavier 19

Marshalltown 49, Waterloo East 24

KENNEDY 45, Cedar Falls 26

Linn-Mar 50, WASHINGTON 16

Charles City 71, Iowa City High 9

Iowa City West 37, Bettendorf 32

Xavier 41, WASHINGTON 24

Cedar Falls 54, Waterloo East 19

Davenport West 34, Linn-Mar 33

KENNEDY 52, Marshalltown 13

Mason City 44, Iowa City High 30

Iowa City West 34, Waverly-Shell Rock 31

Carlisle Invitational

(1-0,5-0) Prairie – 1st of 5

Prairie 73, Clarinda 0

Prairie 66, Johnston 9

Prairie 43, Des Moines Roosevelt 17

Prairie 64, CARLISLE 12

Dyersville Beckman Tournament

(0-1,3-8) Wahlert – 7th of 8

Gilbertville Don Bosco 64, Wahlert 9

West Des Moines Dowling 61, Wahlert 10

Waterloo Columbus 42, Wahlert 36

DYERSVILLE BECKMAN 54, Wahlert 18

Wahlert 45, Iowa City Regina 18

Oskaloosa Dual Tournament

(0-1,3-4) Waterloo West – 4th of 7
Southeast Polk 69, Waterloo West 9
Waterloo West 53, Knoxville 18
East Marshall 45, Waterloo West 27
Waterloo West 64, Ottumwa 12
Waterloo West 61, OSKALOOSA 18

Tues, Dec 15

(1-1,2-6) WASHINGTON 45, Xavier 25 (0-2,1-5)

Thu, Dec 17

(1-1,1-1) Jefferson 37, CEDAR FALLS 34 (1-1,3-4)
(1-1,4-2) Kennedy 42, HEMPSTEAD 31 (1-1,1-1)
(2-0,6-0) Prairie 48, WATERLOO EAST 22 (1-1,1-6)
(2-1,3-6) Washington 43, SENIOR 24 (0-2,0-2)
(1-1,4-8) WAHLERT 48, Xavier 30 (0-3,1-6)
(1-1,4-4) WATERLOO WEST 46, Iowa City High 19 (1-1,2-4)
(2-0,10-0) Iowa City West 52, LINN-MAR 16 (1-1,3-3)

Sat, Dec 19

Prairie Classic

(2-0,8-1) PRAIRIE – 2nd of 4
(1-1,4-6) Cedar Falls – 3rd
PRAIRIE 58, Mount Vernon 11
Waverly-Shell Rock 59, Cedar Falls 18
PRAIRIE 52, Cedar Falls 24
Waverly-Shell Rock 40, PRAIRIE 24
Cedar Falls 45, Mount Vernon 33

Southeast Polk Invitational – Jefferson (6th of 8)

Fort Madison Invitational – Kennedy (2nd of 14), Washington (10th)

Doug Philipp Duals

(1-1,3-4) Hempstead – 3rd of 6
(0-3,2-10) XAVIER – 6th
Anamosa 52, XAVIER 23
XAVIER 42, Hempstead 39
Hempstead 42, Anamosa 39
Hempstead 40, Mediapolis 33
Mediapolis 49, XAVIER 30
Sioux City North 51, Hempstead 21
Sioux City North 52, XAVIER 25
West Liberty 30, Hempstead 22
West Liberty 40, XAVIER 30

DeWitt Central Saber Invitational – Senior (7th of 8)

Starmont Tournament – Linn-Mar (3rd of 12), Wahlert (8th)

Iowa Falls Jones Brothers Tournament – Iowa City High (7th of 9)

Waukee Duals

(2-0,14-1) Iowa City West – 2nd of 6
Ballard 41, Iowa City West 34
Iowa City West 57, WAUKEE 15
Iowa City West 74, Davenport North 3
Iowa City West 60, Perry 6
Iowa City West 54, Des Moines North/Hoover 16

(2-1,5-4) WATERLOO WEST 42, Waterloo East 32 (1-2,1-7)

(1-2,2-7) Waterloo East 40, Waterloo Columbus 22 [at Waterloo West]

(2-1,6-4) WATERLOO WEST 60, Waterloo Columbus 15

Mon, Dec 21

Iowa City West at Machesney Park Tournament

Tues, Dec 22

WESTERN DUBUQUE 69, Senior 10 (0-2,0-3)
Dvorak Memorial Invitational Tournament (Machesney Park, IL) –

Iowa

City West (6th of 32)
WATERLOO EAST at LINN-MAR – postponed to Jan 19

Sat, Jan 2

Lisbon Duals

(1-1,5-2) Jefferson – 2nd of 6
(1-1,5-6) Iowa City High – 3rd
Jefferson 59, Highland 12
Iowa City High 58, Valley Community 24
Iowa City High 72, Camanche 12
LISBON 40, Jefferson 39 [criteria]
Jefferson 78, Camanche 0
Iowa City High 60, Highland 24
Jefferson 60, Valley Community 19
LISBON 55, Iowa City High 24
Jefferson 48, Iowa City High 33

Mon, Jan 4

(3-0,9-1) PRAIRIE 51, Cedar Falls 21 (1-2,4-7)
(2-1,5-2) KENNEDY 53, Wahlert 24 (1-2,4-9)

Thu, Jan 7

CEDAR FALLS at WASHINGTON – postponed to Jan 26
WATERLOO EAST at JEFFERSON – postponed to Feb 2
WATERLOO WEST at KENNEDY – postponed to Jan 25
LINN-MAR at PRAIRIE – postponed to Jan 26
HEMPSTEAD at XAVIER – postponed to Jan 28
(1-2,1-3) Senior 39, WAHLERT 31 (1-3,4-10)
(3-0,15-1) Iowa City West 69, IOWA CITY HIGH 3 (1-2,5-7)

Sat, Jan 9

Benton Tournament – Cedar Falls (12th of 15), Washington (15th)
Ottumwa Invitational – Jefferson (2nd of 9)
Boone Invitational – Kennedy (3rd of 13)
Dan Gable Invitational – Prairie (2nd of 10), WATERLOO WEST (5th),
Waterloo East (6th)
Linn-Mar Dual Tournament
(1-1,7-4) LINN-MAR – 2nd of 6
(1-1,5-7) Hempstead – 4th
(0-3,2-15) Xavier – 6th
LINN-MAR 39, Mount Vernon 27
Western Dubuque 43, Hempstead 21
Mount Pleasant 48, Xavier 25
LINN-MAR 64, Xavier 18
Mount Vernon 45, Hempstead 30
LINN-MAR 56, Hempstead 10

Western Dubuque 67, Xavier 12
LINN-MAR 61, Mount Pleasant 9
Hempstead 46, Xavier 25
Western Dubuque 38, LINN-MAR 27
Mount Vernon 51, Xavier 30
Hempstead 46, Mount Pleasant 31

Lancaster (WI) Invitational – Wahlert (7th of 12), Senior (10th)

Winterset Tournament – Iowa City High (5th of 12)

Lepic Dual Tournament

(3-0,18-1) IOWA CITY WEST –1st of 4

IOWA CITY WEST 65, Davenport West 9

IOWA CITY WEST 70, Keokuk 6

IOWA CITY WEST 42, Soptheast Polk 18

Thu, Jan 14

(2-2,5-7) CEDAR FALLS 64, Senior 15 (1-3,1-4)

(2-1,8-4) LINN-MAR 51, Jefferson 6 (1-2,5-3)

(4-0,19-1) IOWA CITY WEST 66, Kennedy 10 (2-2,5-3)

(4-0,10-1) PRAIRIE 44, Iowa City High 24 (1-3,5-8)

(3-1,4-6) Washington 54, WATERLOO EAST 18 (1-3,2-8)

(3-1,7-4) WATERLOO WEST 42, Xavier 30 (0-4,2-16)

(2-1,6-7) HEMPSTEAD 49, Wahlert 18 (1-4,4-11)

Fri, Jan 15

Kennedy & Prairie at Geneseo (IL) Tournament

Sat, Jan 16

West Des Moines Valley Dual Tournament

(2-2,6-11) Cedar Falls – 6th of 6)

Cedar Falls 37, Urbandale 36

Dallas Center-Grimes 47, Cedar Falls 27

Lewis Central 52, Cedar Falls 22

Spencer 48, Cedar Falls 24

WEST DES MOINES VALLEY 47, Cedar Falls 18

J-Hawk Invitational – Waterloo East (4th of 13), Hempstead (8th),

JEFFERSON (13th)

Geneseo (IL) Tournament – Prairie (8th-tie of 17), Kennedy (13th)

Marion Tournament – Xavier (7th of 9)

Cascade Tournament – Senior (6th of 10)

MFL/Mar-Mac Tournament – Wahlert (7th of 10)

Centerville Tournament – Iowa City High (5th of 16)

Osage Dual Tournament

(4-0,23-1) Iowa City West – 1st of 5

Iowa City West 53, Independence 26

Iowa City West 59, Emmetsburg 6

Iowa City West 39, Kasson-Mantorville (MN) 21

Iowa City West 58, OSAGE 15

Estherville Dual Tournament

(2-1,12-5) Linn-Mar – 2nd of 6

Blue Earth (MN) 32, Linn-Mar 27

Linn-Mar 36, Forest City 26

Linn-Mar 50, Spirit Lake Park 22

Linn-Mar 72, ESTHERVILLE-LINCOLN CENTRAL 0

Linn-Mar 79, Sioux City Heelan 0

Hudson Tournament – Waterloo West (5th of 10)

Tues, Jan 19

(3-1,13-5) LINN-MAR 54, Waterloo East 25 (1-4,2-9)

Thu, Jan 21

(3-1,7-7) HEMPSTEAD 35, Cedar Falls 34 (2-3,6-12) [criteria]
(5-0,11-1) Prairie 50, JEFFERSON 15 (1-3,5-4)
(3-2,6-3) KENNEDY 46, Iowa City High 21 (1-4,5-9)
(4-1,14-5) Linn-Mar 51, WASHINGTON 18 (3-2,4-7)
(5-0,24-1) Iowa City West 60, XAVIER 18 (0-5,2-17)
(2-4,3-9) Waterloo East 45, SENIOR 36 (1-4,1-5)
Pleasant Valley at Senior - cancelled
Waterloo East vs. Pleasant Valley [at Senior] - cancelled
(4-1,8-4) Waterloo West 63, WAHLERT 10 (1-5,4-12)

Sat, Jan 23
Falls

Ed Winger Urbandale Invitational – Iowa City West (2nd of 16), Cedar

(13th)

Clinton Lueders Tournament – Kennedy (2nd of 22), Washington (13th),
Senior (15th), Wahlert (16th)

Pleasant Valley Dual Tournament

(5-0,15-2) Prairie – 2nd of 6

(3-1,8-11) Hempstead – 5th

PLEASANT VALLEY 40, Prairie 19

PLEASANT VALLEY 55, Hempstead 12

Prairie 66, Hempstead 6

Prairie 46, Oskaloosa 26

Prairie 48, Sterling (IL) 19

Prairie 45, Western Dubuque 24

Western Dubuque 44, Hempstead 15

Sterling (IL) 44, Hempstead 27

Hempstead 43, Oskaloosa 34

Clyde Bean Dual Tournament

(1-4,7-12) IOWA CITY HIGH – 4th of 6

(2-4,3-14) Waterloo East – 6th

West Des Moines Valley 57, IOWA CITY HIGH 12

West Des Moines Valley 60, Waterloo East 9

Decorah 45, IOWA CITY HIGH 26

Decorah 37, Waterloo East 30

Keokuk 45, IOWA CITY HIGH 30

KEOKUK 43, Waterloo East 23

IOWA CITY HIGH 43, New London/Winfield-Mt.

Union 30

IOWA CITY HIGH 51, Waterloo East 22

New London/Winfield-Mt Union 46, Waterloo East 27

Bob Siddens Dual Tournament

(4-1,15-8) Linn-Mar 4th of 5

(4-1,8-8) WATERLOO WEST – 5th

Denver-Tripoli 68, WATERLOO WEST 3

Mason City 36, Linn-Mar 29
Linn-Mar 34, WATERLOO WEST 24
Denver-Tripoli 48, Linn-Mar 16
Mason City 41, WATERLOO WEST 28
New Hampton 39, Linn-Mar 22
New Hampton 52, WATERLOO WEST 18

Mon, Jan 25 WATERLOO WEST at KENNEDY – postponed to Feb 2

Tues, Jan 26 (3-3,7-12) Cedar Falls 39, WASHINGTON 29 (3-3,4-8)
(6-0,16-2) PRAIRIE 32, Linn-Mar 28 (4-2,15-9)

Thu, Jan 28 (4-3,8-12) Cedar Falls 39, WATERLOO EAST 36 (2-5,3-15)
(4-2,7-3) Kennedy 41, JEFFERSON 24 (1-4,5-5)
(7-0,17-2) PRAIRIE 57, Washington 9 (3-4,4-9)
(4-1,9-11) Hempstead 31, XAVIER 30 (0-6,2-18) [at Iowa City High]
(2-4,8-12) IOWA CITY HIGH 51, Xavier 25 (0-7,2-19)
(3-4,9-12) IOWA CITY HIGH 46, Hempstead 32 (4-2,9-12)
HEMPSTEAD at WATERLOO WEST – moved to Feb 4
(5-2,16-9) LINN-MAR 61, Senior 7 (1-5,1-6)
(6-0,25-1) IOWA CITY WEST 72, Wahlert 6 (1-6,4-13)
Keokuk 50, Wahlert 14 (1-6,4-14) [at Iowa City West]
(6-0,26-1) IOWA CITY WEST 57, Keokuk 13

Sat, Jan 30 Mississippi Valley Conference Tournament – Iowa City West (1st of 14),
Linn-Mar (2nd), Prairie (3rd), Kennedy (4th), Waterloo East (5th),
Waterloo West (6th), Iowa City High (7th), Jefferson (8th), Xavier
(9th), Hempstead (10th), Cedar Falls (11th), Washington (12th),
Wahlert (13th), SENIOR (14th)

Tues, Feb 2 (2-4,6-5) JEFFERSON 61, Senior 12 (1-6,1-7)
(3-4,7-5) JEFFERSON 54, Waterloo East 26 (2-6,3-16)
(5-2,8-3) KENNEDY 37, Waterloo West 25 (4-2,8-9)

Thu, Feb 4 (6-2,17-9) Linn-Mar 53, CEDAR FALLS 18 (4-4,8-13)
(4-4,8-5) Jefferson 46, WASHINGTON 22 (3-5,4-10)
(6-2,9-3) Kennedy 55, XAVIER 15 (0-8,2-20)
Maquoketa 37, Kennedy 24 (6-2,9-4) [at Xavier]
Maquoketa 53, XAVIER 24 (0-8,2-21)
(8-0,18-2) Prairie 61, SENIOR 9 (1-7,1-8)
(7-0,27-1) Iowa City West 51, HEMPSTEAD 18 (4-3,9-13)

(5-2,9-9) Waterloo West 56, HEMPSTEAD 19 (4-4,9-14)
(4-4,10-12) Iowa City High 62, WAHLERT 17 (1-7,4-15)
Davenport Central 40, WAHLERT 31 (1-7,4-16)
(4-4,11-12) Iowa City High 45, Davenport Central 29 [at Wahlert]
(8-0,28-1) Iowa City West 55, Waterloo West 18 (5-3,9-10) [at

Hempstead]

Sat, Feb 6

Dyersville Beckman Sectional – Wahlert (6th of 6)

Sat, Feb 13

Marshalltown District – Prairie (2nd of 8), Waterloo East (4th), Cedar Falls (6th), Waterloo West (7th)

Jefferson District – Iowa City West (1st of 8), Kennedy (2nd), Linn-Mar (3rd),

Iowa City High (4th), JEFFERSON (6th), Xavier (7th),
Washington (8th)

North Scott District – Hempstead (5th of 8), Senior (7th)

West Delaware District – Wahlert had no qualifiers from Sectional

Wed-Sat, Feb 17-20
East

State Tournament [at Des Moines] – Iowa City West (4th), Waterloo

(10th), Prairie (17th-tie), Cedar Falls (22nd-tie), Linn-Mar (28th-tie),

Hempstead (32nd), Kennedy (38th-tie), Xavier (40th), Jefferson (41st-tie), Iowa City High (44th), Waterloo West (53rd-tie),
Senior (55th-tie)

Tues, Feb 23

Class 3A Regional Dual Tournaments

WAVERLY-SHELL ROCK 53, Kennedy 15 (9-5)

(19-2) Prairie 32, NORTH SCOTT 29

(29-1) IOWA CITY WEST 57, Keokuk 18

Sat, Feb 27

State Dual Tournament [at Cedar Rapids]

(31-2) Iowa City West – 2nd of 8

(19-3) Prairie – Quarter-Finals

Iowa City West 41, Urbandale 33

Waverly-Shell Rock 50, Prairie 18

Iowa City West 47, West Des Moines Valley 24

Waverly-Shell Rock 34, Iowa City West 30